



AdO arena
april 5-7th

BERGEN SWIM FESTIVAL 2019

We are pleased to welcome you to the 12th annual **Bergen Swim Festival** at **Alexander Dale Oen Arena**. The swim meet is approved by the Norwegian Swimming Federation and held in accordance to their rules and regulations.



BERGEN KOMMUNE



**HORDALAND
FYLKESKOMMUNE**





BERGEN SWIM FESTIVAL 2019



- Location:** AdO arena. Prelims: 10 lanes; Finals: 8 lanes
- Date:** Friday April 5th - Sunday April 7th 2019
- Rules:** The competition is organized under the control of the Norwegian Swimming Federation (NSF) and will also follow NSF's rules and regulations. BSF 2019 is an approved competition for the qualifications to major international events such as: World Championships 2019, European Junior Championships 2019, World Junior Championships 2019 and the Olympic Games 2020.
- Competition times:** Prelims start each day at 9:00 am
Finals Friday 5:00 pm
Finals Saturday 5:00 pm
Finals Sunday 4:00 pm
- Warm-up:** Thursday April 4th - 2:00 pm until 8:00 pm
Friday to Sunday:
A-flight: 7:00 am to 8:45 am
B-flight: 1 hour directly following A flight
Finals: From the end of B-flights to 4:50 pm
The diving pool can be used throughout the whole competition for warm-up.
- Prelims:** A-flight consists of 6/5/4/3 heats for 50/100/200/400 meters. The best swimmers will compete in A-flight. (10 lanes)
Junior final: 1 junior heat in the A-flight will be consisting of the 8 best NORWEGIAN swimmers. This is reserved for the qualification to international competitions.
B-flight will be for the rest of the participants that are not in the A-flight.





BERGEN SWIM FESTIVAL 2019



800/1500: Only the best 8 swimmers will be swimming the 800 meter and 1500 meter freestyle. This will take place during the finals Friday and Saturday.

Qualifications - Period: Mars 5th 2018 to Mars 4th 2019.

Registrations: *Deadline to send in registrations is March 5th 2019.*
The entries will be forwarded electronically by email by one of these methods: Stevnebørsen, Prima-format or on Grodan.

Registrations are to be sent to:
Charmaine Pettersen: stevnebergen@gmail.com

Late Registration: Registration after the deadline can be accepted as long as they are done before the end of the information meeting. (Thursday April 4th at 8:00pm.)

Price per start: 100 NOK per Individual event. (Payment through own club).

Heat limitation: The organizer reserves the right to use heat limitations to hold the preliminary sessions to a maximum of 5 hours.

Accreditation: 100 NOK per swimmer, manager and coach.
Everyone must have an accreditation. They can be bought on www.bsf.no and the deadline is on Mars 5th 2019.
The accreditation gives access to the pool and stands.



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Prize money:	A-finals:	1. place: 3000 NOK 2. place: 1250 NOK 3. place: 750 NOK
	Junior price:	1. place: 500 NOK 2. place: 300 NOK 3. place: 200 NOK
	Para swimmers:	1. place: 500 NOK 2. place: 300 NOK 3. place: 200 NOK

High Point/SENIOR:	<i>Best FINA 2018 Points for Men and Women after results from the finals</i>
	1. place: 10000 NOK 2. place: 5000 NOK 3. place: 2500 NOK

Bestemannspremier/JUNIOR:	<i>Best FINA 2018 Point regardless of gender (Heat 4 in A-flight is a final)</i>
	1. place: 5000 NOK 2. place: 2500 NOK 3. place: 1250 NOK



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BERGEN SWIM FESTIVAL 2019 - EVENT PROGRAM

Friday 5th of april

Age groups:

Women Senior: 2001 and older

Men Senior: 2000 and older

Women Junior: 2002-2006

Men Junior: 2001-2006

PRELIMS

Warm up at 0700. Competition starts at 0900

Event

1	100 freestyle	women	
2	100 freestyle	men	
3	400 IM	women	max 6 heat
4	400 IM	men	max 6 heat
5	50 backstroke	women	
6	50 backstroke	men	
7	100 breaststroke	women	
8	100 breaststroke	men	
9	200 butterfly	women	
10	200 butterfly	men	

B-FINALS (number 9-16, all classes)

Warm up from after prelims until 1650. Competition starts at 1700

Event

1	100 freestyle	women
2	100 freestyle	men
3	400 IM	women
4	400 IM	men
5	50 backstroke	women
6	50 backstroke	men
7	100 breaststroke	women
8	100 breaststroke	men
9	200 butterfly	women
10	200 butterfly	men

A-FINALS (number 1-8, all classes)

*Warm up from after prelims until 1650 (after 1650 diving pool can be used)
Competition starts at 1800*

Event

1	100 freestyle	women	
2	100 freestyle	men	
3	400 IM	women	
4	400 IM	men	
5	50 backstroke	women	
6	50 backstroke	men	
7	100 breaststroke	women	
8	100 breaststroke	men	
9	200 butterfly	women	
10	200 butterfly	men	
11	800 freestyle	women	Open class, 8 best swimmers, only 1 heat
12	1500 freestyle	men	Open class, 8 best swimmers, only 1 heat

There will be an A-flight and b-flight in the prelims. A-flight will consist of 6/5/4/3 heats for 50/100/200/400 meters with the swimmers with the best times competing in the A-flight. The remaining swimmers will swim in the B-flight. In addition, we will have "heat 4" in the A-flight as a clean Norwegian junior heat for international qualifications.



BERGEN SWIM FESTIVAL 2019 - EVENT PROGRAM

Saturday 6th of april

Age groups:

Women Senior: 2001 and older

Men Senior: 2000 and older

Women Junior: 2002-2006

Men Junior: 2001-2006

PRELIMS

Warm up at 0700. Competition starts at 0900

Event

13	200 freestyle	men
14	200 freestyle	women
15	50 butterfly	men
16	50 butterfly	women
17	200 breaststroke	men
18	200 breaststroke	women
19	100 backstroke	men
20	100 backstroke	women
21	200 IM	men
22	200 IM	women

B-FINALS

Warm up from after prelims until 1650. Competition starts at 1700

Event

13	200 freestyle	men
14	200 freestyle	women
15	50 butterfly	men
16	50 butterfly	women
17	200 breaststroke	men
18	200 breaststroke	women
19	100 backstroke	men
20	100 backstroke	women
21	200 IM	men
22	200 IM	women

A-FINALS

*Warm up from after prelims until 1650 (after 1650 diving pool can be used)
Competition starts at 1800*

Event

13	200 freestyle	men	
14	200 freestyle	women	
15	50 butterfly	men	
16	50 butterfly	women	
17	200 breaststroke	men	
18	200 breaststroke	women	
19	100 backstroke	men	
20	100 backstroke	women	
21	200 IM	men	
22	200 IM	women	
23	800 freestyle	men	Open class, 8 best swimmers, only 1 heat
24	1500 freestyle	women	Open class, 8 best swimmers, only 1 heat

There will be an A-flight and b-flight in the prelims. A-flight will consist of 6/5/4/3 heats for 50/100/200/400 meters with the swimmers with the best times competing in the A-flight. The remaining swimmers will swim in the B-flight. In addition, we will have "heat 4" in the A-flight as a clean Norwegian junior heat for international qualifications.



BERGEN SWIM FESTIVAL 2019 - EVENT PROGRAM

Sunday 7th of april

Age groups:

Women Senior: 2001 and older

Men Senior: 2000 and older

Women Junior: 2002-2006

Men Junior: 2001-2006

PRELIMS

Warm up at 0700. Competition starts at 0900

25	400 freestyle	women	Max 6 heat
26	400 freestyle	men	Max 6 heat
27	50 breaststroke	women	
28	50 breaststroke	men	
29	100 butterfly	women	
30	100 butterfly	men	
31	200 backstroke	women	
32	200 backstroke	men	
33	50 freestyle	women	
34	50 freestyle	men	

B-FINALS

Warm up from after prelims until 1650. Competition starts at 1600

25	400 freestyle	women	
26	400 freestyle	men	
27	50 breaststroke	women	
28	50 breaststroke	men	
29	100 butterfly	women	
30	100 butterfly	men	
31	200 backstroke	women	
32	200 backstroke	men	
33	50 freestyle	women	
34	50 freestyle	men	

A-FINALS

*Warm up from after prelims until 1650 (after 1650 diving pool can be used)
Competition starts at 1800*

Event

25	400 freestyle	women	Max 6 heat
26	400 freestyle	men	Max 6 heat
27	50 breaststroke	women	
28	50 breaststroke	men	
29	100 butterfly	women	
30	100 butterfly	men	
31	200 backstroke	women	
32	200 backstroke	men	
33	50 freestyle	women	
34	50 freestyle	men	
35	4x100 Medley mix		Open class, 8 best teams, only 1 heat (national teams allowed)

There will be an A-flight and b-flight in the prelims. A-flight will consist of 6/5/4/3 heats for 50/100/200/400 meters with the swimmers with the best times competing in the A-flight. The remaining swimmers will swim in the B-flight. In addition, we will have "heat 4" in the A-flight as a clean Norwegian junior heat for international qualifications.





NORDIC SWIM TOUR 2019

It is with great pleasure to announce that the Nordic Swim Tour consists of 3 competitions.

Helsinki (April 1-2th) + Bergen Swim Festival (April 5-7th) + Swim Open Stockholm (April 12-15th)

The swimmers with the highest combined points (FINA 2018 table) from the competitions in Helsinki, Bergen and Stockholm will be crowned the Nordic Swim Tour 2019 champion for each of the following events.

Events in NST:

- 100 Freestyle Women
- 100 Freestyle Men
- 100 Backstroke Women
- 100 Backstroke Men
- 100 Butterfly Women
- 100 Butterfly Men
- 100 Breaststroke Women
- 100 Breaststroke Men
- 400 Freestyle Women
- 400 Freestyle Men
- 400 IM Women
- 400 IM Men

Prize NST: 1000 Euro per events for both Women and Men.

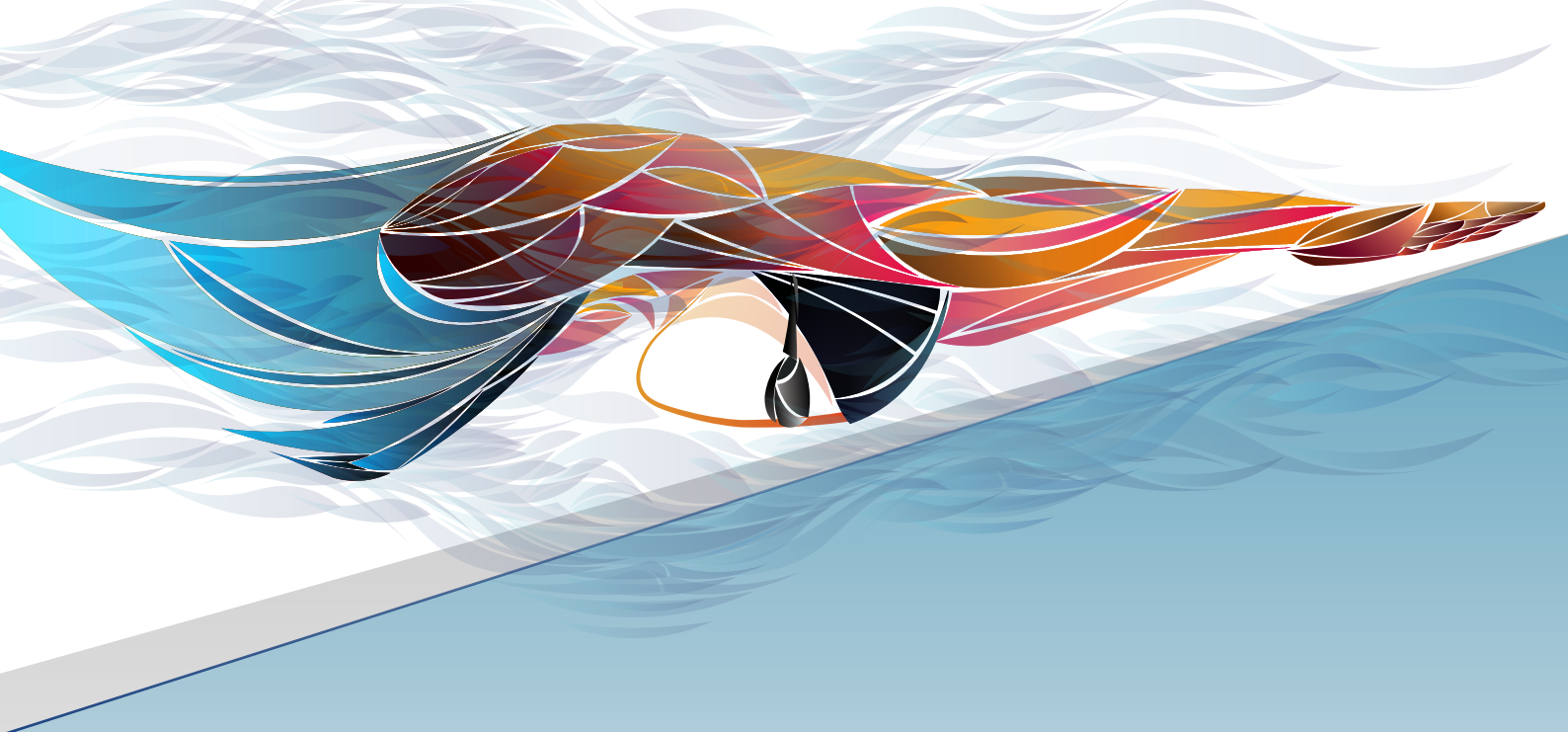
Contact information:

Competition: **Finn Zachariassen, +47 920 28 992**

Accommodations and food: **Charmaine Petersen, +47 988 05 126**



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Payment details

Bergen Swim Festival
Account number: 9521.34.41257

IBAN: NO1595213441257

SWIFT: HANDOKK
Address: Handelsbanken, postboks 1342 Vika, 0113 Oslo.

Tickets: BSF 2019 tickets will be for sale
January 1st 2019 on our website www.bsf.no

Hotel/Catering:
Booking of hotel accommodations and catering at
www.bsf.no/BSF/overnatting

