

CSIT SWIMMING CHAMPIONSHIPS, 24.-28.8.2022 OULU / FINLAND

GENERAL INFORMATION

LOCATION

Oulu swimming hall, Pikkukankaantie 3, Oulu. The length of the competition pool is 50 meters and it has 8 swimming lanes. Warm up takes place in the fitness pool, which is 25 meters long.

COVID-19 SPECIAL INSTRUCTIONS

- Competing and participating in official duties only when completely healthy is an absolute requirement

- Sneezing or coughing should be carried out into a handkerchief or sleeve. The used handkerchief should be taken immediately to the trash can and the hands should be washed thoroughly

- Take care of good hand hygiene throughout the competition. Always wash your hands well if they are dirty and when you enter the swimming hall

TECHNICAL MEETING

Technical meeting 25.8. at 17.00 | Oulu swimming hall meeting room (second floor) Technical meeting 27.8. at 15.00 | Oulu swimming hall meeting room (second floor)

COMPETITION OFFICE

The competition office is in the hallway of the swimming hall. The office is open two (2) hours before the session, and it is closed 30 minutes after the session.

SCHEDULE

The schedule of the competition can be found from the LiveTiming-system: <u>https://livetiming.fi/index.php?cid=6727</u>.

If there are significant changes to the schedule during sessions, they are being informed by announcements.



Wednesday 24th of August

- Arrival to Oulu
- Accommodation & accreditation at Scandic Oulu City hotel. Address: Saaristonkatu 4, 90100 Oulu.
- Lunch 11.30 13.00 & dinner 18.00 20.00 | Oulu swimming hall (Oulun uimahalli)

Thursday 25th of August

- Breakfast 6.30 9.30 | Scandic Oulu City hotel
- Lunch 11.30 13.00 | Oulu swimming hall
- Training time possibility from 16.00 to 20.00 | Oulu swimming hall
- Technical meeting at 17.00 | Oulu swimming hall
- Dinner 18.00 20.00 | Oulu swimming hall
- A welcoming event in the city center 19.00 20.30 (head of delegation, coaches) | Aleksinkulma, Aleksanterinkatu 9

Friday 26th of August

- Breakfast 6.30 9.30 | Scandic Oulu City hotel
- Warm up at 8.00 9.40 | Oulu swimming hall
- Competition, session 1 at 10.00 13.00
- Lunch 12.00 14.00 | Swimming hall
- Warm up at 15.00 16.45
- Opening ceremony at 16.40 17.00 | by the pool
- Competition, session 2 at 17.00 20.30
- Dinner at 19.00 20.30 | Swimming hall

Saturday 27th of August

- Breakfast 6.30 9.30 | Scandic Oulu City hotel
- Warm up at 8.00 9.40 | Oulu swimming hall
- Competition, session 3 at 10.00 13.00
- Lunch at 12.00 14.00 | Oulu Swimming hall
- Warm up at 15.00 16.30
- Technical meeting at 15.00 | Oulu Swimming hall
- Competition, session 4 at 17.00 20.30
- Dinner | 19.00 20.30 | Oulu Swimming hall

Sunday 28th of August

- Breakfast 7.30 9.30 | Scandic Oulu City hotel
- Check out by 12.00 pm
- Return to home starts



WARM-UP

Practice is possible on Thursday 25.8. from 4pm to 8pm in the competition pool. Lane number 8 is race pace -lane and lane number 7 is reserved for backstroke competition.

The use of flippers or hand flippers is forbidden in the competition pool.

The fitness pool is reserved for warming up during the competition. The fitness pool is 25 meters long and it has six (6) lanes.

STARTING LIST

The competition uses electronic starting lists to conserve paper. Starting lists can also be found from the hallway near the dressing rooms. Electronic starting lists can be found here: <u>https://livetiming.fi/index.php?cid=6727</u>

LIVE STREAM

Live stream of the competition can be found here: <u>https://livetiming.fi/superlive.php?cid=6727</u>

RELAY TEAMS

Line-up for the relay teams must be reported within the registration period. Definitive swimming order must be confirmed at least an hour before the specific session starts.

CANCELLATIONS

Competitor's or relay team's participation to one or more races can be cancelled. Cancellation must be done before the registration time ends. Cancellations can be done in the electronic registration system and must be done at least an hour before the specific session. Usernames have been delivered to the teams' contact persons.

Cancellations must be made in writing no later than one hour before the start of the sessions.

DRESSING ROOMS



Wardrobes work with key cards. Key cards are only for competitors and their coaches. Key cards are being distributed to foreign competitors at the hotel and Finnish competitors receive their key cards from the competition office.

The wardrobes must be emptied for the night.

MEETING SPOTS

Competitors must be at the first meeting spot 15 minutes before the start. There are three (3) meeting spots. (Map)

AWARD CEREMONY

There is going to be one award ceremony per session and it always at the end of a session.

STANDS

It is forbidden to take glass containers into the stands and the pool area due to the risk of injury. Every visitor is asked to take care of the cleanliness of the stands and put trashes in the trash cans located in the pool area. Access to the stands is from the second floor.

You may not enter the stands with outdoor shoes.

RESULTS SERVICE

The competition uses electronic results service, which can be found from LiveTiming: <u>https://livetiming.fi/index.php?cid=6727</u> Results can also be found from the hallway near the dressing rooms.

PARTICIPANT BADGE

Access to the swimming hall and meals only with an official participant badge. Badges will be delivered at the hotel during the check in.



Meals take place in the swimming hall.

There is a cafeteria in the swimming hall, which is open during the competition. <u>https://www.nallikarioy.fi</u>

PARKING LOT

There are time restricted parking lots near the swimming hall area. The maximum parking time is four (4) hours. Normal parking control is implemented in the area.

WIFI

Scandic City Hotel free WiFi Free panOULU WiFi - City of Oulu

MAPS

Directions from the hotel to the swimming hall



Scandic Oulu City, Hotel: Saaristonkatu 4 Swimming Hall: Pikkukankaantie 3 Train Station: Rautatienkatu 11 Oulu Service Point: Saaristonkatu 8 Aleksinkulma: Aleksanterinkatu 9



CONTACT PERSONS

Competition office <u>hahe.uinti@haukiputaanheitto.fi</u>

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Welcome to Oulu!